ELVIS Meeting 24th February 2025

Venue – The Leytonstone Tavern

In attendance

ELVIS coordinator – Mart Clarke

ELR – Jacob Stevens

Orion – Bob Jousiffe

Barking – Alison Fryatt, Chris Anastasi and Bob Courtier

Dagenham – Timi and Kresh Veerasamy

Havering 90 – Keith Penfold, Darren Radford, and John Rozee

Eton Manor – Gabriel Ellenberg, Paul Boddey and Simon Cottle

East End RR – Paul Jackson and Ravi Luggah

Harold Wood – Paul Newland and Alan Woodroof

Sally Gillam – secretary

IAC – sent apologies.

1. Welcome and introduction
2. Dates for 2025 Races
3. Dagenham – Wed 21st May 7.30pm East Brook End Country Park
4. Havering 90 – Tuesday 3rd June 7.30pm – Raphaels Park
5. East End RR – Tuesday17th June 7.30pm Olympic Park
6. IAC – Wednesday 9th July 7.30pm Hainault Forest
7. Harold Wood – Wednesday 30th July 7.30pm Harold Wood Park/Pages Wood.
8. Orion – Saturday 2nd August 10am Chingford Plain Epping Forest
9. Barking – Monday 25th August 10.30am Barking Park
10. East London Runners – Wednesday July 16th / 11th June 7.30pm (2nd choice)/ Sunday 28th September/ Sunday 5th October. (To be confirmed.)
11. Review of last year
    1. Course improvement

Dagenham – course changed – loops changed in response to feedback.

Eton Manor offered to help Dagenham with marshalling.

A lead bike is a possible idea (ELR). Issues with finding someone (Dag88)

May and Baker no longer available for toilets. Use Eastbrook End centre or Portaloos.

IAC course start and finish – good feedback from ELR.

General Issues with the number of marshals. Offers to marshal welcome from other clubs.

Harold Wood – increased capacity this year. Sign up early if possible.

* 1. Rule changes

No changes

* 1. Scoring

No changes

1. League system proposal – split league into 2 or stay the same?

1 club up, 1 club down. 5 in League 1, 4 in league 2.

Unanimously accepted.

From 2024 results

Men

League 1

1 Eton Manor

2 IAC

3 ELR

4 ERR

5 H90J

League 2

1 BRR

2 Orion

3 D88

4 Harold Wood

So H90 are relegated and start in League 2. Barking RR are promoted to League 1.

Women

League 1

1 Eton Manor

2 ELR

3 EER

4 IAC

5Orion

League 2

1 H90J

2 Harold Wood

3 D88

4 BRR

So Orion are relegated, H90J are promoted.

1. Sponsorship

Phil Hernon - as per normal

1. Presentation Evening Dates

ELR happy to undertake. Could be earlier if the series finishes in August. Mart to liaise with Jacob.

1. AOB

* Eton Manor are paying for the team shields as per conversation with Paul Boddey (replacement League 1 and league 2 trophies)
* Essex system of 5-year categories for vets – decided against.
* Second claimers – Allowed in the series but they must be declared before the first race. Mart would like to publish a list. Mart to send a reminder 2 weeks before the first race.
* Paul Jackson – dates in advance for when the races are due to open. Mart reminded the meeting about how to use the contacts tab on elvisraces.club which sends a message to all reps. Share on Facebook as well. Note: Contact form – select – Contact Reps. Be careful when replying to any reps message…..either reply direct to the sender or use the same contact reps procedure for the reply. (i.e. don’t use reply all which replies to the Elvisadmin site address, not to the reps)
* Fees £80 race clubs, £40 non-race clubs – as normal
* Cash prizes/trophies – keep as they are. EERR member used to do an excellent trophy – try to get these. Ravi – to find out if the member can still do it.
* Other clubs to join – Loughton AC – but the inviuation to other local clubs is always open. Rumours heard that Victoria Park Harriers wish to join but Mart confirmed no approach has been made to him.
* Chip timing – clubs continue to work together to secure discounts.

Meeting ended 7.52pm